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Code No 37/1



INDIAN SCHOOL MUSCAT
FIRST PRELIMINARY EXAMINATION
SUBJECT : PSYCHOLOGY

CLASS: XII
06.12.2017

Sub. Code: 037

Time Allotted: 3 Hrs
Max. Marks: 70

General Instructions:

- 1 All questions are compulsory.
- 2 Answers should be brief and to the point.
- 3 Marks for each question are indicated against it.
- 4 Questions No.1-10 in Part – A are learning check type question carrying 1 mark each. You are required to answer them as directed.
- 5 Question No. 11-16 in Part—B are very short answer type questions carrying 2 marks each. Answer to each question should not exceed 30 words.
- 6 Questions No. 17-20 in Part—C are short answer Type I questions carrying 3 marks each. Answer to each question should not exceed 60 words.
- 7 Questions No.21-26 in Part—D are Short answer Type II questions carrying 4 marks each. Answer to each question should not exceed 100 words.
- 8 Questions No. 27-28 in Part-E are long type questions carrying 6 marks each. Answer to each question should not exceed 200 words.

PART - A

- 1 Stress inoculation training is an effective method was developed by _____ 1
- 2 Schizophrenia is due to excess activity of dopamine (True/False). 1
- 3 _____ principle states that the presence of two mutually opposing forces at the same time will inhibit the weaker force. 1
A. Systematic Desensitization B. Reciprocal Inhibition
C. Aversive conditioning D. Vicarious learning
- 4 Attribution refers to assignment of causes to the behavior of others (True/False). 1
- 5 ____refers to mutual understanding, attraction and love among the group members. 1
A. Cohesiveness B. Group polarization C. Bandwagon effect D. Group dynamics
- 6 People while working together on a group task collectively puts less efforts is known as _____. 1
- 7 _____ is the study of relationship between living beings and their environment. 1
A) Environmental Psychology B) Ecology C) Enology D) Ocean logy

- 8 “In the minds of men” a famous book was written by _____ . 1
- 9 The questions with Yes or No option are known as _____type of questions. 1
- 10 _____ refers to your behavioral expressions are consistent with what you value and the way you feel and relate to your inner self image. 1

PART - B

- 11 Define Eustress and Hardiness? 2
- 12 Explain O.D.D and Autism? 2
- 13 Define the two terms paraphrasing and body language? 2
- 14 Critically evaluate the two terms social facilitation and social inhibition? 2
- 15 Differentiate the terms Groups and Teams? 2
- 16 What are the views of Human environment relationship explain? 2

PART - C

- 17 Discuss various life skills in detail? 3
- 18 Explain various hallucinations associated with schizophrenia? 3
- 19 Explain process of attitude formation? 3
- 20 Explain group polarization and bandwagon effect? 3

PART - D

- 21 What are the stress management techniques explain in detail? 4
- 22 Explain various Somatoform disorders? 4
- 23 Explain humanistic therapy of Abraham Maslow? 4
- 24 Explain process and type of communication? 4
- 25 Explain cognitive consistency theories of attitude change? 4
- 26 What is compliance and what are the ways of its practice? 4

PART - E

- 27 Explain reasons for inter group conflicts and what are the strategies as a psychologist you are going to adopt to resolve it? 6

(OR)

Why do people join in groups? What are the various stages of group formation explain in detail?

- 28 Briefly explain psychological characteristics of poverty and deprivation? What is crowding and competition tolerance? 6

(OR)

Explain various causes of aggression?

End of the Question Paper